Inspired by the Lakes
Lake Guthridge and Lake Guyatt - Sale
Monday 3rd December 2012
5.30 p.m. – 7.00 p.m.

Start at the Picnic Area on McIntosh Drive between Lake Guthridge and Lake Guyatt.

Giveaways, BBQ, and Refreshments for ALL Participants

Sailability – jump into a Sailability Yacht on Lake Guthridge and try out your sailing skills. The Wellington Sailability Club will help you sail around Lake Guthridge.

Lake Guyatt Fitness Circuit Challenge – easy exercises at Lake Guyatt with Aqua Energy staff – including Stretching/Yoga, Moove to the Music, Boxing and Light Weights – walk it, run it, You Can Do It!

Tandem bike riding
Boccia

Please Turn Page Over for more information
Please let us know you are coming by Thursday 29th November and if you need transport.

Contact: Leanne Wishart – Rural Access, Wellington Shire on ph: 5142 3464, 0429 588 818 or email: leanne.wishart@wellington.vic.gov.au OR

Brenton Dinsdale – GippSport, Access for All Abilities coordinator on 5152 6559, 0447 358 330 or brenton@gippsport.com.au

Where is Inspired by the Lakes?

Between Lake Guthridge and Lake Guyatt